

WELL-BEING Challenges

ENGAGE YOUR EMPLOYEES WITH FUN AND EASY CHALLENGES FOR BOTH INDIVIDUALS AND TEAMS!

- ✓ Increase challenge participation through gamification and social media collaboration.
- ✓ Challenges are fun with virtual treasure hunts, adventure races, secret pop-ups and leader boards.
- ✓ Send motivating messages to keep employees engaged.
- ✓ Create and schedule wellness events in the event calendar.
- ✓ Tailor challenges to suit your company culture, demographics, or location.
- ✓ Reward your employees for practically any action or behavior with incentives.
- ✓ Use reports to track and measure your program success.
- ✓ Use communication tools to send health tips and strategies to educate employees.
- ✓ Sync wearable devices to track challenge activities.

CHOOSE FROM ANY OF OUR FIVE CHALLENGE CATEGORIES!

